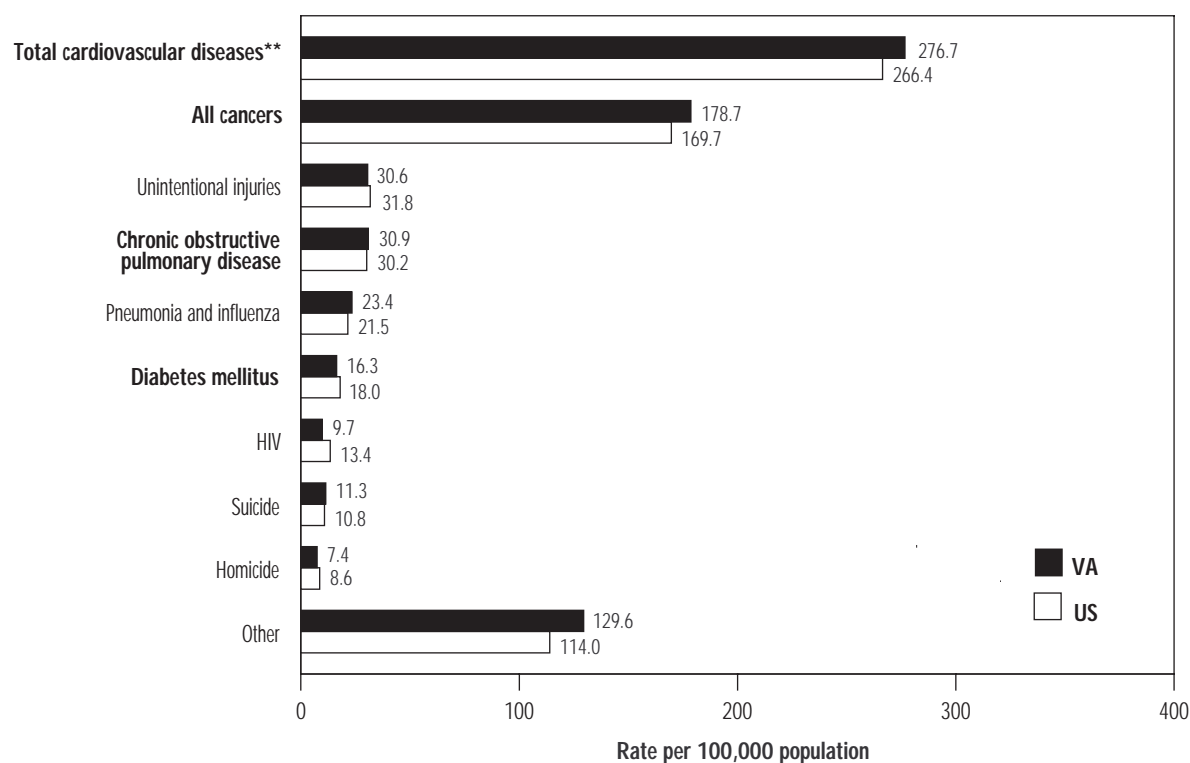


Virginia: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Virginia, all cancers are the second most common cause, chronic obstructive pulmonary disease is third, and diabetes is sixth.
- In 1995, 70% of all deaths in Virginia were due to the four most common chronic disease causes of death.
- The death rates for total cardiovascular diseases, all cancers, and chronic obstructive pulmonary disease were higher in Virginia than in the United States; the death rate for diabetes was lower.

Causes of Death, Virginia Compared With United States, 1995*



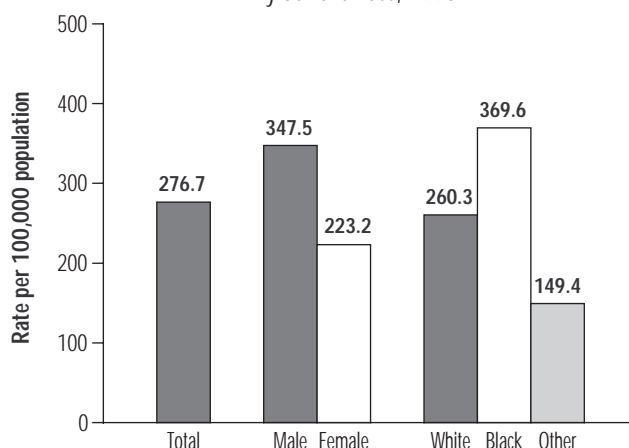
*All data are age adjusted, 1970 total U.S. population.

**Total cardiovascular disease death rates include rates of death due to ischemic heart disease (122.3 per 100,000 in Virginia and 135.2 per 100,000 in the United States) and rates of death due to stroke (48.6 per 100,000 in Virginia and 42.5 per 100,000 in the United States).

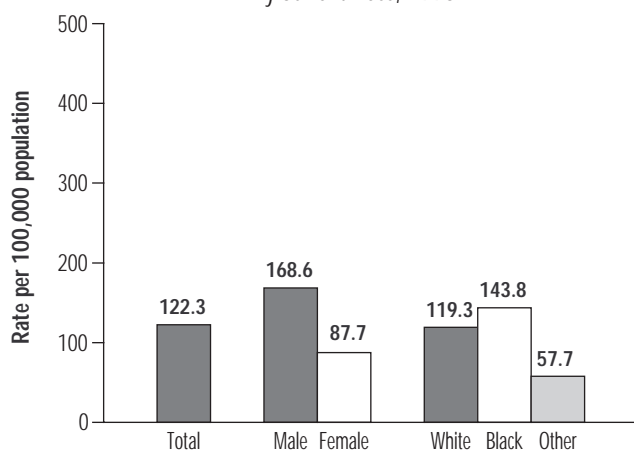
Virginia: Cardiovascular Diseases

- Total cardiovascular diseases are the most common cause of death in Virginia, accounting for 39% of all deaths.
- Ischemic heart disease accounted for 44% of all cardiovascular disease deaths in Virginia in 1995; 9,093 people in Virginia died of ischemic heart disease.
- In 1995, 3,801 people in Virginia died of stroke.

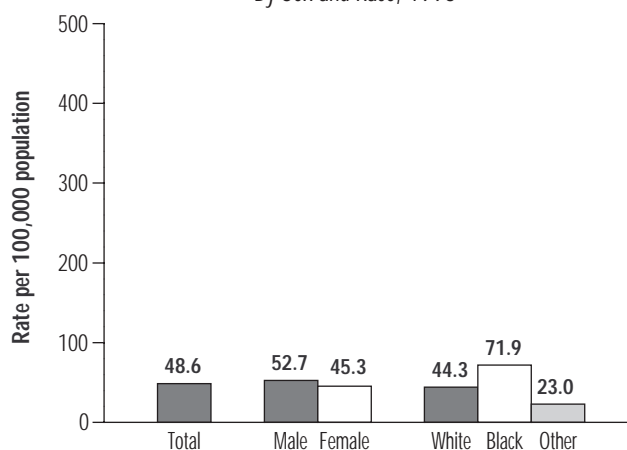
Virginia: Total Cardiovascular Disease Death Rates
By Sex and Race, 1995



Virginia: Ischemic Heart Disease Death Rates
By Sex and Race, 1995



Virginia: Stroke Death Rates
By Sex and Race, 1995



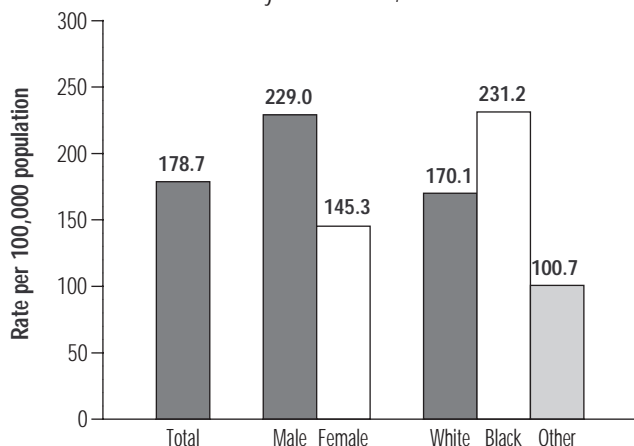
Note: All data are age adjusted, 1970 total U.S. population.

Virginia: Cancer

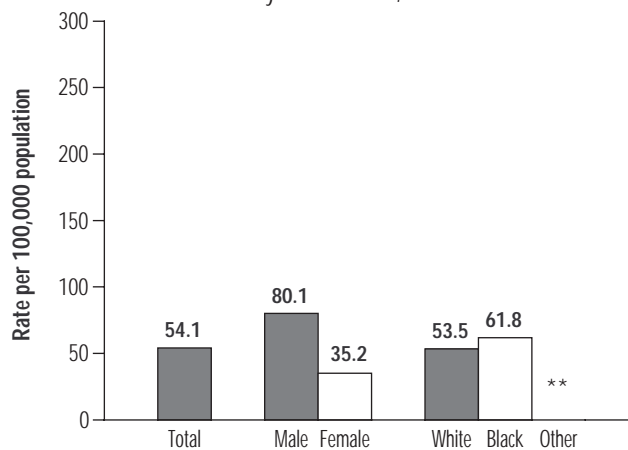
- Cancer accounted for 25% of all deaths in Virginia in 1995; 12,596 people in Virginia died of cancer.
- In Virginia in 1995, 3,699 people died of lung cancer, 1,285 people died of colorectal cancer, and 1,035 women died of breast cancer.

- The American Cancer Society estimates that 4,100 new cases of lung cancer, 3,000 new cases of colorectal cancer, and 4,400 new cases of breast cancer will be diagnosed in Virginia in 1997.

Virginia: All Cancer Death Rates
By Sex and Race, 1995

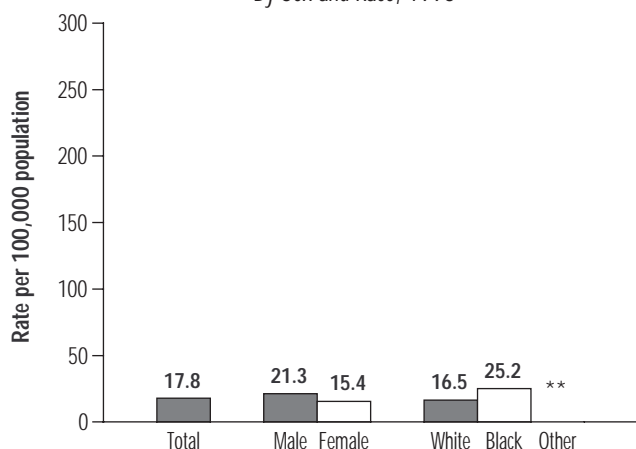


Virginia: Lung Cancer Death Rates
By Sex and Race, 1995



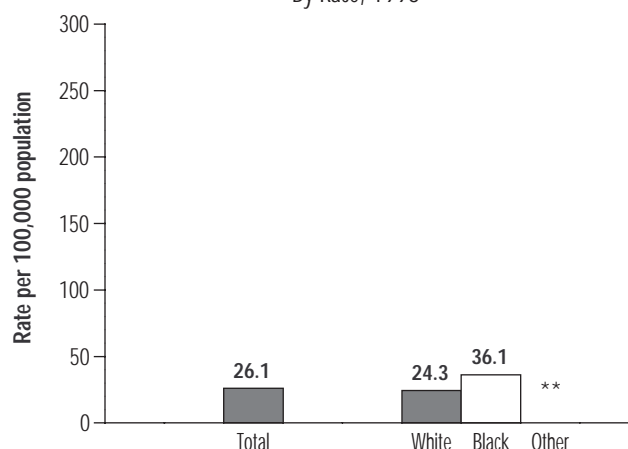
**Too few numbers to analyze.

Virginia: Colorectal Cancer Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

Virginia: Breast Cancer Death Rates Among Women
By Race, 1995

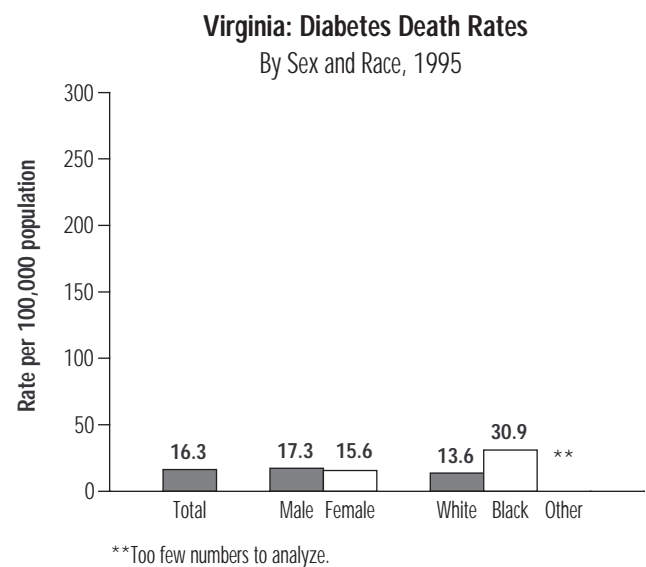


**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

Virginia: Diabetes

- In 1994, 207,422 adults in Virginia had diagnosed diabetes.
- Diabetes was the underlying cause of 1,166 deaths in Virginia in 1995.
- In 1993, diabetes was the most common contributing cause of 486 new cases of end-stage kidney disease in Virginia.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

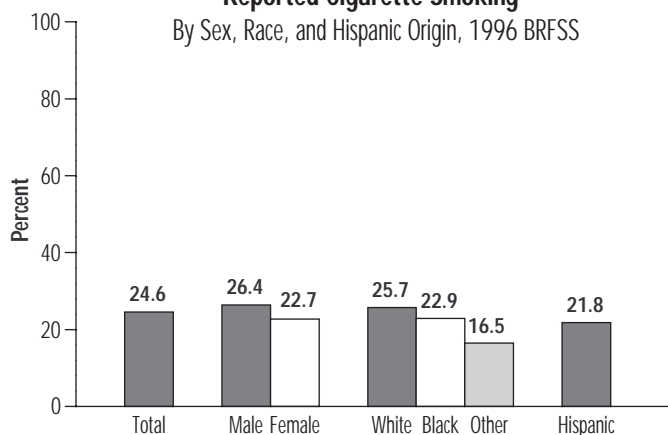


Note: All data are age adjusted, 1970 total U.S. population.

Virginia: Risk Factors

Virginia: Percentage of Adults Who Reported Cigarette Smoking*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



*Ever smoked at least 100 cigarettes and now smoke every day or some days.

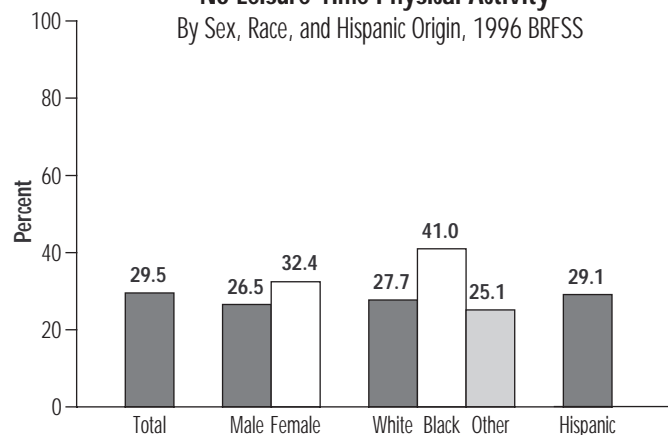
Virginia: Percentage of High School Students Who Reported Cigarette Smoking

By Sex, 1995 YRBSS

YRBSS data not available

Virginia: Percentage of Adults Who Reported No Leisure-Time Physical Activity*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

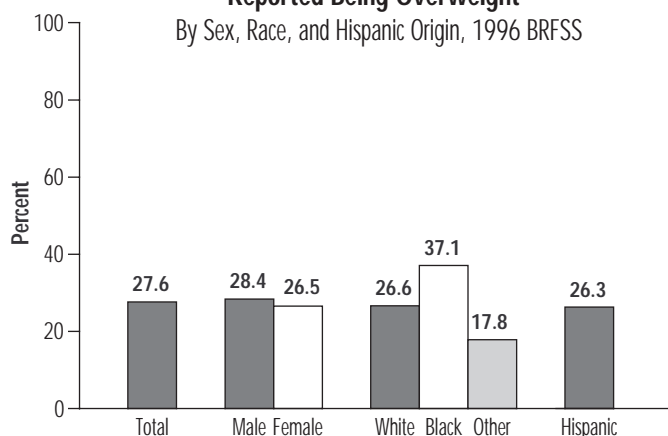
Virginia: Percentage of High School Students Not Enrolled in Physical Education Classes

By Sex, 1995 YRBSS

YRBSS data not available

Virginia: Percentage of Adults Who Reported Being Overweight*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



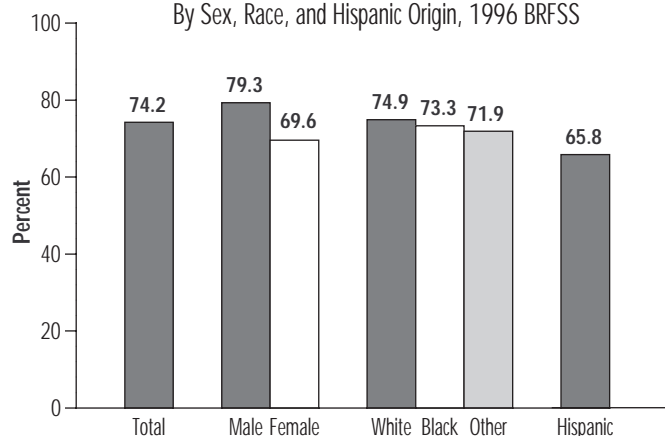
*Body mass index ≥ 27.8 kg/m² for men and ≥ 27.3 kg/m² for women.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

Virginia: Risk Factors

Virginia: Percentage of Adults Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables per Day

By Sex, Race, and Hispanic Origin, 1996 BRFSS



Virginia: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey

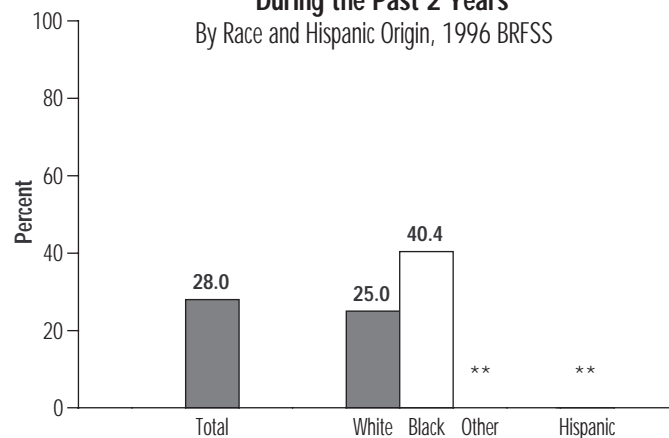
By Sex, 1995 YRBSS

YRBSS data not available

Virginia: Preventive Services

Virginia: Percentage of Women Aged 50 Years and Older Who Reported Not Having Had a Mammogram During the Past 2 Years

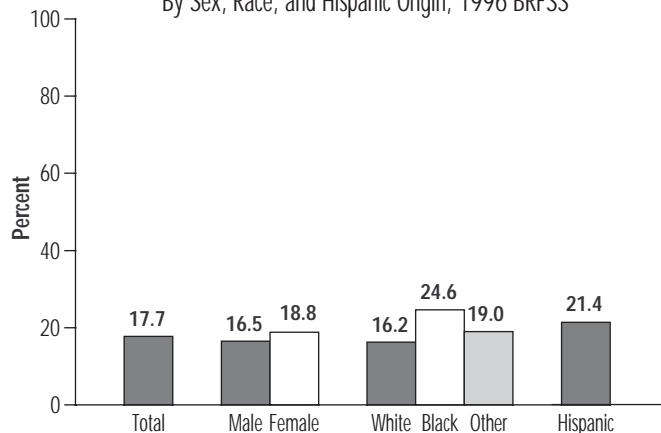
By Race and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

Virginia: Percentage of Adults Aged 18–64 Years Who Reported Having No Health Insurance

By Sex, Race, and Hispanic Origin, 1996 BRFSS



Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.